



QUICK GUIDE TO SOSTOMO TRAIL

SANTA MONICA MOUNTAINS NATIONAL RECREATION AREA



SOLSTICE CANYON

Length: 1.24 miles

Elevation Gain: 640 feet

Quick Guide
courtesy of
County of
Los Angeles

DESCRIPTION: This unique trail begins in the canyon bottom of Solstice Canyon and ends high above with scenic vistas of the Pacific Ocean. Along the trail are the ruins of three homes lost in wild fires decades ago. Look for burnt-out chimneys and standing stone walls. Portions of the trail are shaded by the riparian tree canopy, and there are also multiple creek crossings.

DIRECTIONS: This segment is accessible from the main Trailhead using Solstice Canyon Trail. To access the Trailhead from PCH, take Corral Canyon Road. After 0.2 miles, turn left (north) into the park entrance. Limited parking is just inside the entrance, or travel to the main lot. Parking fills up on weekends shortly after the gate opens at 8:00 am, so just in case parking is unavailable, plan for other hiking options.

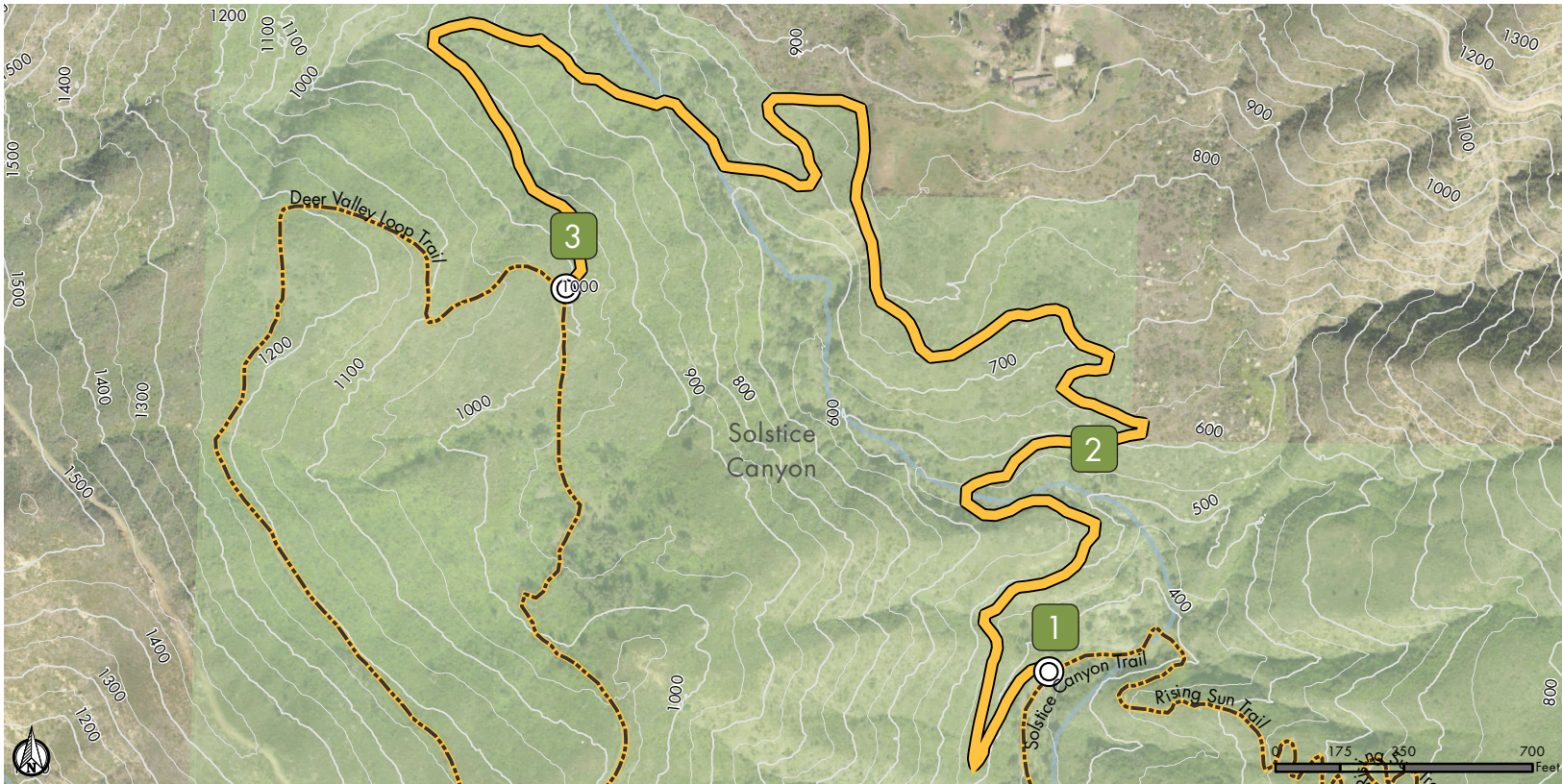


photo credit: Steve Matsuda

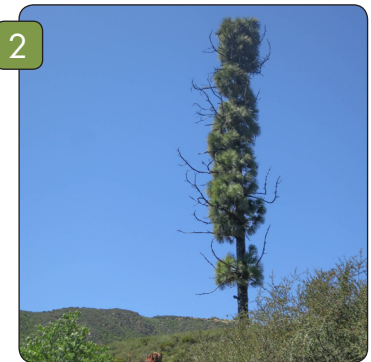


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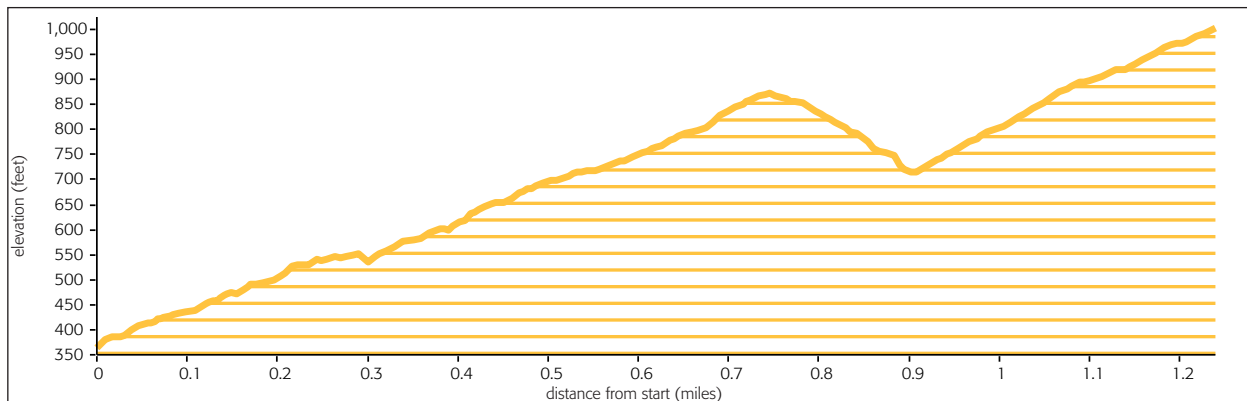
photo credit: Steve Matsuda

Access & Features

- Trailhead

Trail Type

- Natural Trail



QUICKGUIDE INFORMATION

COURTESY OF THE COUNTY OF LOS ANGELES | DEPARTMENT OF PARKS AND RECREATION

SAFETY FIRST



In case of **EMERGENCY** dial 911.

For non-emergencies on County trails call the Los Angeles County Sheriff's Parks Bureau Dispatch at (800) 834-0064.

HAZARDS ON THE TRAIL



Rattlesnakes occasionally sun themselves in the middle of the trail. If encountered, keep your distance and allow space for the snake to retreat.



Poison oak can be identified by groups of 3 leaves going up the branch. It's best avoided by staying on the trail and wearing long pants and long-sleeved shirts to prevent contact with skin.



Ticks are most often found in shaded, grassy areas off the beaten path. Stick to established trails and wear long pants to avoid contact. Check for ticks frequently, especially the scalp, waist and other dark places where they can hide.

SHARE THE TRAIL



When trail conditions require a right of way for safe passage, **equestrian users have the primary right of way, hikers next and then mountain bikers**. When trail conditions allow and when there is width to safely pass, common courtesy should prevail for all users. Stand to one side of the trail and allow them to pass. When in a group, avoid blocking the trail. **Mountain bikers yield to all trail users**. Anticipate other trail users as you ride around corners. Mountain bikers traveling downhill must yield to all users, including other mountain bikers, headed uphill. In general, make each pass a safe and courteous one.

WHAT TO BRING

- ✓ Water for you and your animal(s)
- ✓ Trail map
- ✓ High energy snacks
- ✓ Waste bags for your dog
- ✓ First aid kit
- ✓ Extra clothing
- ✓ Sunglasses/hat
- ✓ Sunscreen
- ✓ Insect repellent
- ✓ Trekking poles (optional)
- ✓ Flashlight (optional)

ADDITIONAL RESOURCES

For information visit trails.lacounty.gov or any of our partners' websites at nps.gov, parks.ca.gov, smmc.ca.gov, lamountains.com, or rmc.ca.gov. Visitor Center for Santa Monica Mountains National Recreation Area, (805) 370-2300

MAP DISCLAIMER

This map was created for informational purposes only. Reasonable effort has been made to ensure the accuracy of the maps, images, and data provided; nevertheless, some information may not be accurate.